



**SAISON voyageur**

PRÉSENTÉE PAR / PRESENTED BY  **Manitoba Lotteries**

# ASSINIBOINE CREDIT UNION **Sentier d'hiver** **River Trail**



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WITH





If you enjoyed your skate, please help support the Assiniboine Credit Union River Trail and donate online at [www.theforks.com/donate](http://www.theforks.com/donate).

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## ACTIVITY & EVENT DESCRIPTIONS

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### ICE CARVING

*The Forks Historic Port*

Show your creativity through chunks of ice. This is a unique experience that will bring out the artist in all of us.

### ICE PAINTING

*The Forks Historic Port*

Help us paint the frozen river. What better way to celebrate winter than on a giant ice canvas.

### INUKSHUK

*The Forks Historic Port*

Express your creativity and mark your trail with colourful building blocks.

### BURLING

*The Forks Historic Port*

A fun and colourful bowling / curling sport combination with a twist!

### FISH TOSS

*The Forks Historic Port*

Feed the unique penguins and polar bears of the Assiniboine River.



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## TRAIL BY FIRE

The Forks Historic Port

*January 14, 2011 (6 p.m. – 9 p.m.)*

Join us for our official kick off to the winter season! Music, fire dancers, special fire displays and candles for the first 500 people.

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## VOYAGEUR TRAINING CENTRE

The Forks Historic Port

*January 14-16 & February 12-13, 2011*

Come visit the historic Voyageurs and share some stories by the fireside. Guests will be put to the test in a series of voyageur sports and mind bending challenges.



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## RIVER POND CLASSIC HOCKEY TOURNEY

The Forks Historic Port

*January 28th – 30th, 2011*

The Forks Historic Port – where the Assiniboine and Red rivers meet.

This annual event is an old-fashioned shinny hockey tournament that focuses on recreational values and hockey etiquette. For more information or to register a team, please contact [gdepape@gmail.com](mailto:gdepape@gmail.com) or visit <http://riverpondclassic.webs.com/>.



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## FROSTBITE RIVER RUN

*January 30st, 2011*

5k Race

Download an entry form or register on-line: [www.mraweb.ca](http://www.mraweb.ca) . For information call MRA office: 477-5185



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## IRONMAN CURLING BONSPIEL

The Forks Historic Port

**February 4th- 6th, 2011**

The Forks Historic Port – where the Assiniboine and Red rivers meet.

This is a charity curling bonspiel for the Heart and Stroke Foundation that takes place on the ice surface of the Historic Port. For more information or to register a team before the January 31st deadline, please visit [www.ironmancurling.com](http://www.ironmancurling.com)



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## HEARTS ON ICE

The Forks Historic Port

**February 13, 2011**

A unique gift to make for your loved one. Decorate one of our limited edition ice hearts and take it home as a keepsake.

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## ICE DONKEY WINTER ADVENTURE

The Forks Historic Port

**February 13, 2011**

One thing we know in "Winterpeg", if you can't beat it... Then join in the fun and adventure of a truly memorable winter experience!

The ICE Donkey Winter Adventure is here! HOT 103 and The Assiniboine Credit Union River Trail along with Swamp Donkey Adventure Racing want you... To join in the fun at the second annual fantastic frosty event! Participate as a team of three, solo or the "Family Fun Relay" category in the 2-3 hr winter triathlon style event that will test your mettle in snowshoeing, ice-biking, x-country skiing and skating. Compete against others and challenge yourself for *ultimate abominable domination*. Special winter challenges may include: tobogganing, snowman building, Inuksuk making or whatever Mother Nature may throw at us! We are Winnipeggers after all and this kind of adventure is what we were made for!



Why wait for spring to get out and get moving when winter is just around the corner? Come celebrate the snow and ice. We'll see you there on February 13, 2011 come blizzard, slush or shine!

For more info call (204) 228-1138 or REGISTER ONLINE at [www.swampdonkeyAR.com](http://www.swampdonkeyAR.com) .



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## FIRST ANNUAL ASSINIBOINE CREDIT UNION RIVER TRAIL SKATE-A-THON

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**February 21st, 2011**

Please visit [www.rivertrail.ca](http://www.rivertrail.ca) for more details.

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## ASSINIBOINE CREDIT UNION RIVER TRAIL SLUSHFEST

### SECOND ANNUAL CELEBRATION OF SPRING

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**February 27, 2011**

Skate off those winter blahs and join us in our second annual “goodbye winter/hello spring” celebration.

Teams of two have a hilarious time inner tubing, canoe racing, three legged racing, sled pulling and more. No skill is required – just a sense of adventure. No age limit – teams can be made up of one parent and one child, two children, two adults etc. Skates or boots are allowed.

Prizes and medals will be awarded! And there will be a special goodie bag for those in a costume.

A good time is guaranteed!

*The Forks Historic Port*



# JANUARY 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
					1	2	
3	4	5	6	7	8 <b>NOON – 4:00 P.M.</b> INUKSHUKS FISH TOSS BURLING	9 <b>NOON – 4:00 P.M.</b> ICE PAINTING ICE CARVING	
10	<b>TOP ELEVEN THINGS YOU NEED TO KNOW BEFORE SKATING THE TRAIL</b> <ol style="list-style-type: none"> <li>1. Access and egress the trail only at approved access points. The riverbank can be unstable along certain sections.</li> <li>2. Check the Assiniboine Credit Union River Trail website for updated conditions, grooming reports and closures. It will be updated daily. <a href="http://www.rivertrail.ca">www.rivertrail.ca</a></li> <li>3. Know your limits. Remember you also have to skate back.</li> <li>4. Check the wind direction, you may not feel the wind if it is at your back and may be an issue when skating in to it.</li> <li>5. Slow down when approaching the bridges. Sand from the streets above can sometimes fall on to the trail.</li> <li>6. Remember the River is a moving organic entity. Surface cracks can appear anywhere along the trail. Be vigilant.</li> <li>7. On snowfall days please stay off the trail until we can clear it. Packed snow is very hard to remove.</li> <li>8. Keep back from the flooding machines, tractors and Zambonis.</li> <li>9. Respect private property and stay away from outfalls and thin ice signs.</li> <li>10. Keep your litter with you and dispose of it properly.</li> <li>11. Keep your dog on-leash and ensure you clean up after them.</li> </ol>			13	14 TRAIL BY FIRE  <b>6:00 P.M. – 9:00 P.M.</b> VOYAGEUR TRAINING CAMP	15 <b>NOON – 4:00 P.M.</b> INUKSHUKS FISH TOSS BURLING VOYAGEUR TRAINING CAMP	16 <b>NOON – 4:00 P.M.</b> ICE PAINTING ICE CARVING VOYAGEUR TRAINING CAMP
17				20	21	22 <b>NOON – 4:00 P.M.</b> INUKSHUKS FISH TOSS BURLING	23 <b>NOON – 4:00 P.M.</b> ICE PAINTING ICE CARVING
24				27	28 <b>6:00 P.M. – 8:00 P.M.</b> RIVERPOND CLASSIC SHINNY HOCKEY TOURNEY	29 <b>NOON – 4:00 P.M.</b> INUKSHUKS FISH TOSS BURLING  <b>9:00 A.M. – 4:00 P.M.</b> RIVERPOND CLASSIC SHINNY HOCKEY TOURNEY	30 <b>NOON – 4:00 P.M.</b> ICE PAINTING ICE CARVING  <b>NOON – 4:00 P.M.</b> RIVERPOND CLASSIC SHINNY HOCKEY TOURNEY  <b>9:00 A.M. – START</b> FROSTBITE RIVER RUN

# FEBRUARY 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31	1	2	3	4 5:00 P.M. – 10:30 P.M. IRONMAN CURLING BONSPIEL	5 NOON – 4:00 P.M. INUKSHUKS FISH TOSS BURLING  9:00 A.M. – 9:00 P.M. IRONMAN CURLING BONSPIEL	6 NOON – 4:00 P.M. ICE PAINTING ICE CARVING  9:00 A.M. – 1:00 P.M. IRONMAN CURLING BONSPIEL
7	8	9	10	11	12 NOON – 4:00 P.M. INUKSHUKS FISH TOSS BURLING VOYAGEUR TRAINING CAMP	13 9 A.M. – 12 P.M. ICE DONKEY NOON – 4:00 P.M. ICE PAINTING ICE CARVING HEARTS ON ICE VOYAGEUR TRAINING CAMP
14	15	16	17	18 5:00 P.M. TORCH LIGHT WALK  FESTIVAL DU VOYAGEUR	19 NOON – 4:00 P.M. INUKSHUKS FISH TOSS BURLING  FESTIVAL DU VOYAGEUR	20 NOON – 4:00 P.M. ICE PAINTING ICE CARVING  FESTIVAL DU VOYAGEUR
21 LOUIS RIEL DAY 8:00 A.M. – NOON FIRST ANNUAL ACURT SKATE-A-THON FESTIVAL DU VOYAGEUR	22 FESTIVAL DU VOYAGEUR	23 FESTIVAL DU VOYAGEUR	24 FESTIVAL DU VOYAGEUR	25	26 NOON – 4:00 P.M. INUKSHUKS FISH TOSS BURLING	27 NOON – 4:00 P.M. SLUSHFEST
28						